

The Ayahuasca Test Pilots Handbook The Essential To Ayahuasca Journeying

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In The Ayahuasca Test Pilot's Handbook, Chris Kilham becomes our great guide in understanding the phenomena of ayahuasca, informing and enlightening us on this most personal of plant journeys. Kilham covers the requisite basics of any thorough plant investigation, but also skillfully and reverently handles the concept of communication with 'plant spirit' and describes in detail—and with open-minded humor—the wide range of experiences a human can have on the ayahuasca journey.

~~The Ayahuasca Test Pilots Handbook: The Essential Guide to ...~~

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~~The Ayahuasca Test Pilots Handbook by Chris Kilham ...~~

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The Ayahuasca Test Pilot's Handbook by Chris Kilham 230 Pages "The Ayahuasca Test Pilot's Handbook" by Chris Kilham is a small but information-packed book perfectly sized for travel and guidance.

~~Book Review — The Ayahuasca Test Pilot's Handbook by Chris ...~~

The Ayahuasca Test Pilots Handbook is a candid and at times humorous book packed with important information to help people consciously navigate their way into and through their first experiences with ayahuasca.

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~~The Ayahuasca Test Pilots Handbook | Medicine Hunter~~

The Ayahuasca Test Pilots Handbook is an excellent introduction for those new to the ayahuasca experience and a solid reference for grizzled veterans. Highly recommended! --Dennis McKenna, author of *Brotherhood of the Screaming Abyss* "Chris Kilham writes convincingly and eloquently about some of his--and

~~The Ayahuasca Test Pilots Handbook The Essential To ...~~

ayahuasca test pilot's handbook Chris Kilham's latest book, *The Ayahuasca Test Pilots Handbook: The Essential Guide to Ayahuasca Journeying*, provides a practical guide to ayahuasca use, aiding seekers in making right—and safe—decisions about where to go, who to drink with, and what to expect.

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~~Chris Kilham, The Medicine Hunter: The Ayahuasca Test ...~~

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~~The Ayahuasca Test Pilots Handbook eBook by Chris Kilham ...~~

Chris Kilham, author of The Ayahuasca Test Pilots Handbook: The Essential Guide to Ayahuasca Journeying, described an ayahuasca voyage as joyful but difficult. The substance often causes prolific vomiting, sometimes compared to a literal purging of whatever is troubling the mind, heart or spirit of the participant.

~~Ayahuasca Monologues Reveal Pain And Healing In New York ...~~

The Ayahuasca Test Pilots Handbook - The Essential Guide to Ayahuasca Journeying is dedicated to Kilham's wife, Zoe Helene, and to the late Ipupiara, Bernardo Dias Peixoto, a shaman. Kilham's Ayahuasca Monologues have been described as a “psychedelic TED talk” and “Insightful, funny, wild, and totally real”.

~~Chris Kilham - Wikipedia~~

Ayahuasca, a hallucinogenic tea brewed from leaves of a shrub that grows in South America, could stimulate the growth of new brain cells. ...
The Ayahuasca Test Pilot's Handbook: The Essential ...

~~Ayahuasca Benefits: What Is Ayahuasca, What It Does to ...~~

Over that span, he has become one of the foremost advocates for the healing benefits of the ayahuasca space, and has recently compiled a comprehensive introduction to the experience in The Ayahuasca Test Pilots Handbook. Kilham approaches ayahuasca from a perspective of ultimate respect, and often refers to the plant brew by its most reverential and descriptive name, La Medicina.

~~Is Ayahuasca Right for You? - Utne~~

Finally, after 25 years of incubation, Peter Gorman's book is out. Ayahuasca in My Blood - 25 Years of Medicine Dreaming concerns his longstanding relationship with the Amazonian visionary medicine. Here's what people have said about it: "Unlike many writing about ayahuasca, Peter Gorman knows this plant and these forests long and well.

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Through his "Ayahuasca Test Pilots" program, Kilham has brought numerous people to the Amazon to engage in ceremonies with maestro ayahuasceros. Clear, concise, straightforward, and well informed, The Ayahuasca Test Pilots Handbook is an indispensable guide for anyone curious about this unusual plant medicine.

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Used for thousands of years by indigenous tribes of the Amazon rain forest, the mystical brew ayahuasca is now becoming increasingly popular in the West. Psychologist Rachel Harris here shares her own healing experiences and draws on her original research (the largest study of ayahuasca use in North America) into the powerful medicine's effects on depression, addiction, PTSD, and anxiety. In this wide-ranging and personal exploration, Harris details ayahuasca's risks and benefits, helping readers clarify their intentions and giving psychotherapists a template for transformative care and healing.

Jungle Medicine is an epic journey of self-discovery as the author explores the luminous, magical, and mythic realms of shamanic realities as she heals from cancer through the integration of spirit with modern medicine.

An exploration of the chemical, biological, psychological, and experiential dimensions of ayahuasca • Details the scientific discovery of ayahuasca's sophisticated psychoactive delivery system in the brain and body and its potential applications in medicine and psychology • Includes contributions from Dennis J. McKenna, Ph.D., J. C. Callaway, Ph.D., and Charles S. Grob, M.D., on the ethnopharmacology, psychology, phytochemistry, and neuropharmacology of ayahuasca • Provides 24 firsthand accounts of ayahuasca experiences and resulting life changes Widely recognized by anthropologists as the most powerful and widespread shamanic hallucinogen, ayahuasca has been used by native Indian and mestizo shamans in Peru, Colombia, and Ecuador for healing and divination for thousands of years. Made from the Amazonian vine *Banisteriopsis caapi* and the DMT-laden leaf of *Psychotria viridis*, ayahuasca is regarded as the embodiment of intelligent plant beings who can offer spiritual teachings and healing knowledge to those who respectfully engage with them. Many Western-trained physicians and psychologists now acknowledge that ayahuasca allows access to spiritual dimensions of consciousness, otherworldly realms and beings, and visionary experiences indistinguishable from classic religious mysticism. With contributions from leading psychoactive scholars Dennis J. McKenna, Ph.D., Charles S. Grob, M.D., and J. C. Callaway, Ph.D., on the ethnopharmacology, psychology, phytochemistry, and neuropharmacology of ayahuasca, Ralph Metzner provides a comprehensive exploration of the chemical, biological, psychological, and experiential dimensions of this Amazonian hallucinogen. He includes more than 20 firsthand accounts from people who have participated in ayahuasca rituals and experienced major life changes as a result. He details the scientific discovery of ayahuasca's sophisticated psychoactive delivery system in the brain and body as well as the deep psychological impact of this potent entheogen. He concludes with his own findings on ayahuasca, including its applications in medicine and psychology, and compares the worldview revealed by ayahuasca visions to that of modern cultures.

Internationally respected Peruvian shaman Don José Campos illuminates the practices and benefits of Ayahuasca with grace and gentleness and much respect and gratitude for the gifts Ayahuasca has bestowed on him throughout the 25 years he has been a practicing shaman. He takes the reader on a journey through his own difficulties in the discovery of other worlds, other dimensions, 'alien' entities and 'plant teachers.' Among other things, he discusses his difficulties in coping with some of the concepts taught to him by his plant teachers like the discovery that everything has consciousness. But if we accept this, our entire cosmology shifts for the greater benefit of mankind. Along with Don José's 'transmission,' we meet Pablo Amaringo. The world famous visionary painter talks about his art and his experiences as a shaman and the shocking reasons he stopped. Other voices include Julio Arce Hidalgo, biochemist and philosopher, and Don Solon, at 92 years old, the sole surviving Maestro of Don José. If one is interested in this most fascinating subject but is put off or frightened by the traveller's tales, this is the perfect book to introduce you to the profound experiences of Ayahuasca.

• Examines how ayahuasca affects the brain from a neuroscientific perspective and how its effects on consciousness relate to ancient esoteric texts • Shares interviews with people who have experienced ayahuasca's powerful "spirit doctor" effects and the author's own ayahuasca journey from suicidal depression to a soul at peace • Investigates how ayahuasca is interwoven with the ancient practices of Amazonian shamanism Brewed from a combination of two plants--the leaves of *Psychotria viridis* and the vine stalks of *Banisteriopsis caapi*--ayahuasca has been used for millennia by indigenous tribes throughout the Upper Amazon for healing and spiritual exploration. The shamans of the Peruvian Amazon call the plant spirit within the vine *Abuela Ayahuasca*, Grandmother Ayahuasca. Exploring the history, lore, traditional use, psychoactive effects, and current scientific studies, Christian Funder reveals how Grandmother Ayahuasca is a profound healer, wise teacher, and life-changing guide. Examining ayahuasca from a neuroscientific perspective, the author looks at recent research

on the effects of DMT--one of the psychoactive compounds in ayahuasca--as well as fMRI studies of brain activity during altered states. He explores these findings as they relate to the teachings on unified states of consciousness in ancient esoteric texts and to Aldous Huxley's theory of psychedelics inhibiting the "reducing valve" mechanism of the brain. Sharing interviews with people who have experienced ayahuasca's powerful "spirit doctor" effects, Funder also details his own revolutionary ayahuasca healing journey from suicidal depression to a soul at peace. He explores ayahuasca's relationship to indigenous Amazonian shamanism, including an inside look at the Shipibo tribe and the healing songs known as icaros. Offering a holistic picture of ayahuasca--from science to spirit--the author shows that this venerated hallucinogenic tea has immense therapeutic potential and just might be the long-lost shamanic connection to the sacred Gaian mind.

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