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it allows them

more time on their
hands during the

day to complete
activities and ...

and also sharing an
ideal time to wake

up, ayurvedic

practitioner Dr Dixa

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"The state
government
emphasises that if
one tests positive
for COVID-19, the
person must
remain in
quarantine for at

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At least 14 days. Even
the master of the
universe (Lord
Jagannaths name
jagat means ...

Health
Odisha invokes
Lord Jagannath's
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example to
popularise
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Ayurveda means the "science ...

Healing the Heart:

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treatment for an
ailment is focused
on three doshas of
a person - vata
dosha, kapha dosh
and pitta dosha.

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traditional
medicine such as
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A most prevalent yet
... 19 and
suggested for their
clinical test.
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complete trials
have been yet
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Challenges for
traditional
medicines in India
It's considered an

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essential herbal
plant in Ayurvedic
and folk medicine
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people said they
experienced
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have only 2
isolated
cannabinoids
namely CBD and
THC. Ayurveda
relies on complete
extracts instead of
...
Healing

Dhuma Yoga for
the 1st time in
India

Pronounced 'An-
arva', which means

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irresistible,
enchanted,
delightful,
fascinating,
enticing and
boundless in
Sanskrit, is the
ultimate in
Ayurvedic Spa
treatment ... From
a head and
complete body ...

ANARVA :

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Siddhalepa Spa

In India, Ayurveda products have become a rage in the last two years.

Many ayurvedic companies have ... make each product extremely beneficial for complete personal wellbeing.

Post-pandemic,
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there will be more
nature based
healing solutions
for specific needs:

Clelia Cecilia

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The lockdown in
2020 proved to be
a challenge for
young brands with
no crisis
management
experience. But

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